

Sample Activity Chart

Name: _____ SS# _____

IN-SCHOOL EXTRACURRICULARS				
Activity	Years Involved	Hours per Week	Weeks per Year	Positions Held/ Honors Achieved

OUT-OF-SCHOOL EXTRACURRICULARS				
Activity	Years Involved	Hours per Week	Weeks per Year	Positions Held/ Honors Achieved

SUMMER EXPERIENCE				
Activity	Years Involved	Hours per Week	Weeks per Year	Positions Held/ Honors Achieved

EMPLOYMENT				
Activity	Years Involved	Hours per Week	Weeks per Year	Positions Held/ Honors Achieved

HONORS AND AWARDS	
Distinction	Year